



# THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay



**1  
JUNE  
2025**  
YEAR C

Want to receive the bulletin via e-mail? Email [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)



## THE ASCENSION OF THE LORD

**"You are witnesses of these things."  
- Lk 24:48**

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

### 1<sup>ST</sup> READING

Acts of the Apostles 1:1-11  
*Jesus is taken up into heaven.*

### RESPONSORIAL PSALM

Ps 46:2-3. 6-7. 8-9. R. v.6  
*God mounts his throne to shouts of joy:  
a blare of trumpets for the Lord.*

### 2<sup>ND</sup> READING

Ephesians 1:17-23  
*Christ will appear again to bring salvation.*

### GOSPEL ACCLAMATION

Matthew 28:19. 20  
*Alleluia, alleluia!*  
*Go and teach all people my gospel.*  
*I am with you always,*  
*until the end of the world.*  
*Alleluia!*

### GOSPEL

Luke 24:46-53  
*Jesus commissions the eleven,  
ascends to heaven.*

## MASS & LITURGY TIMES

### CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

#### MASS:

Wednesday, 9am  
Sunday, 9am

#### BAPTISM:

Sunday, 10.30am  
1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*

#### RECONCILIATION:

Saturday, 5.00 to 5.45pm  
Church of St. Kieran

#### YOUTH MASS:

2nd Sundays of the month  
during the school term.

#### WEDDING:

Require six months notice and  
include Pre-Marriage Course as  
part of the preparation.

### CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

#### MASS:

Monday, Tuesday, Thursday, Friday\*, Saturday,  
8.30am  
Saturday (Vigil), 5.30pm  
Sunday, 7.30am, 9.30am, 5pm

*\* Adoration to the Blessed Sacrament after Mass  
on Fridays.*

#### BAPTISM:

Sunday, 11.30am  
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.  
We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present  
and extend that respect to all First Nations people in our community.





# WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

## GET IN TOUCH



OFFICE@NHCATHOLIC.ORG.AU

2 KING STREET, MANLY VALE 2093 NSW

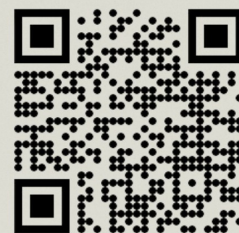


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(02) 9949 4455

Scan me!



## WHY DO WE DO THAT? Catholic Life Explained

### Question:

Couldn't Jesus have done more good if he stayed on earth, rather than ascended into heaven?

### Answer:

This is an interesting question! During his earthly life, Jesus gave sight to the blind, healed paralytics, drove out demons, and fed thousands with only a few loaves of bread. Imagine what he could have done if he'd never ascended into heaven! Imagine what our world could be! It's an interesting thought to consider, especially as the world faces challenges that only seem to deepen and expand. Yet at the Last Supper, Jesus says, "It is better for you if I go." Why? His response must have seemed strange to the Apostles at the time. In his place, Jesus says, he will send the Paraclete, the Comforter, the Advocate. He promises to send the Holy Spirit.

Jesus' departure allows the Apostles to become the leaders he has formed them to be. Jesus is no longer situated in only one geographical location, and his Church will never be a political kingdom. Soon after the Ascension, we celebrate Pentecost — the descent of the Holy Spirit and the radical empowerment of the followers of Jesus. We share in that empowerment and in that mission. Jesus is present in the sacraments, and he is present in us. Through our faith, hope, and love, we are called to be the good he does here on earth! ©LPi

## BRINGING HOME THE GOSPEL

As parents, we know how important it is to put up a united front. Children learn at a very early age whom to go to when they want certain things. And sometime before early adolescence, they also learn the technique of "divide and conquer." It is important for parents not to let their guard down.

After a few years of being married (or perhaps working through shared custody), as parents you will know what issues you tend to disagree about. Don't let your child take advantage of this knowledge. As parents, make a pact that when conflicts concerning the welfare of the children come up, you will discuss them before making any final decisions. For example, if a child comes to you with a request after she has already asked her other parent, simply respond: "We (your parents) will talk about (the request), later and we'll get back to you with *our* decision." Whether children know it or not, they need to have parents who back each other up.

I learned from my own parents to always show respect for my husband. In all of my growing up years, I never heard my dad or mom speak one word against the other. And my siblings and I certainly were not allowed to speak disrespectfully to or about them.

We were never allowed to call my mother, *she*, or my dad, *he*. My dad (who was from Poland), told us that every language except English had a distinct pronoun to use when speaking to people we were to respect. So Mom was always Mom and Dad was Dad. It was a habit my sisters and I formed when we were young and keep to this day. It was something my husband and I tried to teach our own children.

### FAMILY RESPONSE:

The average Australian family only eats two meals a week with all family members present. If this is the case in your household, make those meals special. Don't argue, preach or watch TV at the table. Spend at least thirty minutes together at the table talking about your day, and afterward share the cleanup responsibilities.

### PERSONAL RESPONSE:

Make sure you show respect for your spouse outside of your home, too. Try to limit talking about your spouse's bad points with others. Think about how your parents respected each other when you were growing up. Has this influenced the way you speak about your spouse? Do you feel respected by your spouse?



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## WEEKLY SOCIAL JUSTICE CHALLENGES

As the Easter season moves to its end, we are reminded once again that Jesus offered final words to the young Church and then left the work in their hands, and through them, in our hands. Social justice calls us to both pray and act. Some Christians make the mistake of missing the Ascension. They pray and expect Jesus to act without their active cooperation. Jesus ascended and promised to send the Holy Spirit to act in and through us, not just for us. The challenge this week is to formulate a prayer on behalf of someone or some group suffering injustice. Then act on your prayer to release the power of the Holy Spirit in some real way.



## PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

## CARE FOR CREATION TIPS

*"And let everyone who is thirsty come. Let anyone who wishes take the water of life as a gift." —Revelations 22:17*

A few decades ago, droughts and water shortages seemed like things that happened far away, on other continents. Now droughts are becoming more common, longer, and more severe in many parts of the world. Whether or not you live in a region where droughts are a concern, here are some tips for using water more responsibly, from taking shorter showers, diligently fixing any leaks, sweeping your patio rather than hosing it off, turning off the water while brushing teeth, etc.: <https://bit.ly/ca-water-conservation>



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## SICK CALLS

## AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

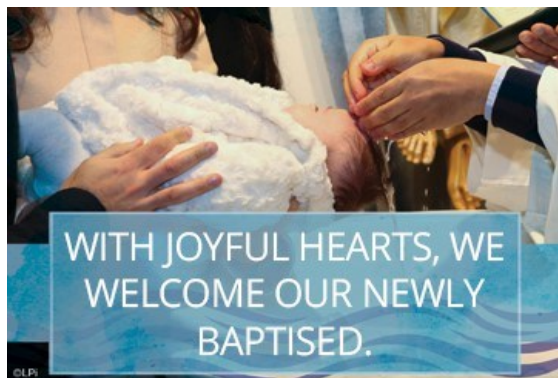
### BUSINESS HOURS:

PARISH OFFICE—9949 4455

### AFTER HOURS:

(Evenings & Weekends)

0490 898 464



## UPCOMING BAPTISM PREPARATION COURSES

3rd August

5th October

7 December

## PRAY FOR THOSE IN OUR COMMUNITY:

### SICK:

Jacky Worthington, Judith D'Elmaine, Odette James, Greg Hyde, Peter and Jan Van de Velde, Joyce Arnold, Cecilia Yeung, Erroll Abbott

### RECENTLY DECEASED:

Aida Quiba. Graeme Wilson, Peter Croft, Fr Thomas A Peyton MM

### ANNIVERSARIES:

Colleen Maher, Tom Treston, Dorothy Campbell, Barry Koorey, Helen Richardson, Greg Keogh


Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au)



**8<sup>TH</sup> JUNE** **PLEASE WEAR A TOUCH OF RED**

# PENTECOST SUNDAY



**9:30AM MASS, ST KIERAN'S + INTERNATIONAL FOOD FESTIVAL**

Please bring some food from your culture to share: leave in Centre 1 and take home afterwards. Oven space is limited.

If you would like to share a song, dance, poem or joke from your culture, please contact Ursula or Fr Jojo.

## What is social justice?

Social justice is the pursuit of fairness and dignity for all people, ensuring the common good and protecting the vulnerable. It is rooted in love and action.

**JOIN US**

**Monday, 16 June 7-8PM** **Parish Centre**

Join Fr John and form a social justice group. We will discuss *Rerum Novarum*, the Church's first major social encyclical, written by Pope Leo XIII in 1891.



Scan the QR code to read *Rerum Novarum* and prepare for the meeting. We look forward to seeing you there!

## BAKERS NEEDED!



Help us prepare for our Pentecost celebration by baking dove cookies!

Recipe, cookie cutters and decorations will be provided and can be collected from the Parish Office.



**SACRAMENTAL PROGRAM 2025/2026**

**ENROL YOUR CHILD FOR THE SACRAMENT OF CONFIRMATION!**

Children must be baptised and in Year 3 or above.

**Parents' info sessions:**  
3rd of June, 9:30AM  
St Kieran's  
4<sup>th</sup> of June, 7:30PM,  
St Kieran's

**SCAN ME**






## SPECIAL WEBINAR EVENT

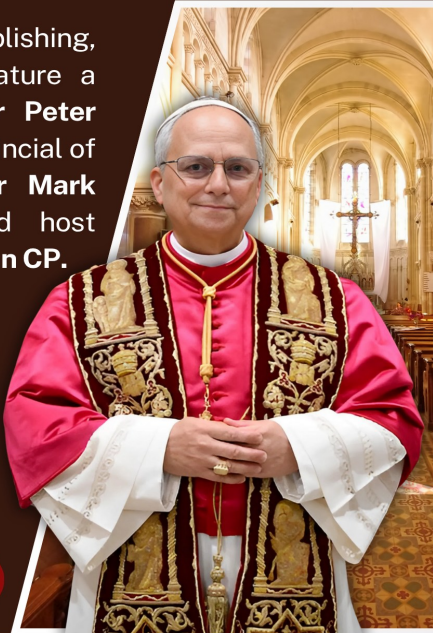
POPE LEO XIV,  
AN AUGUSTINIAN –  
AN AUSTRALIAN  
PERSPECTIVE



Hosted by Garrett Publishing, this webinar will feature a conversation with **Fr Peter Jones OSA**, Prior Provincial of the Augustinians, **Br Mark O'Connor FMS**, and host **Christopher Monaghan CP**.



**REGISTER NOW**



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FORMATION APPEAL



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**AUGUSTINIANS**



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[www.osa.org.au](http://www.osa.org.au)



AFA's next fundraiser, the **Christmas in July Dinner**, will be held at the Parish Centre in Manly Vale. Join AFA members and friends for this fun night and show your support for Augustinians in formation!

Check the flyer insert for more details.

## PARISH ROSARY PRAYER

JOYFUL MYSTERIES

Monday and Saturday

SORROWFUL MYSTERIES

Tuesday and Friday

GLORIOUS MYSTERIES

Wednesday and Sunday

LUMINOUS MYSTERIES

Thursday



You are invited to pray the Rosary with your family for the renewal of our parish.

Prayer booklets are available in our churches. You can pray with others using this meditation after Mass on Mondays, Tuesdays and Thursdays.



CATHOLIC  
DIOCESE OF  
BROKEN BAY

## TRI-DIOCESAN SOCIAL JUSTICE EVENING 2025

focusing on the **Social Justice Statement 2024-25**  
*Truth & Peace – A Gospel Word in a Violent World*

**SAVE THE DATE:**

WEDNESDAY 25 JUNE 2025

6:00PM – 9:00PM

ST MONICA'S PARISH HALL,  
8 DAKING ST, NORTH PARRAMATTA





## ST KIERAN'S SCHOOL NEWS

Suitable for  
2 years to  
Preschool  
Age



**Little Kieran's**  
**Playgroup**

Term 2  
9 May  
16 May  
23 May  
30 May  
6 June

**Weekly on Fridays**  
**9.00am- 10.15am**

- **Teacher led** with a school readiness approach
- **Form connections** with other local families
- **Engaging crafts** and sporting activities
- **Play-based learning** in an inclusive setting



St Kieran's School - 63 Gordon St, Manly Vale



Our school community has had a very busy few weeks, with lots happening around our wonderful school. Year 4 (pictured) has been enjoying heading to St Paul's Catholic College every Monday fortnight meeting up with other students from the Southern Beaches Catholic Schools precinct. This collaboration involves online and face-to-face experiences, social connections and academic, sport and creative arts learning opportunities.

Stage 3 enjoyed a hands-on adventurous camp conquering their fear of heights by having a go at abseiling and aiming for bullseye with a spot of archery! Good luck to all the St Kieran's children competing in the next round of the Broken Bay Cross Country Championships at Gosford racecourse this Friday!

Only two weeks left this term of our Little Kieran's Playgroup! Please join us for lots of fun, games and activities from 9:00am in the school grounds.

### Sharing the Gospel

After Jesus was taken into heaven, the apostles spent time in church praising God. Every time something good happens to you or your family, remember to give thanks to God. You do not have to be at church to praise God. You can praise God at home, in the park, or in a store. You can thank God wherever you happen to be. Good things happen to you because God loves you very much.

### Prayer

Lord, help me praise you even when I am sad.

### Mission

I will thank God for feet that keep me on the path to heaven.

©LPi

Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.



**SAFEGUARDING**  
is everyone's responsibility



## COLOR

Read the Gospel of the week and color the image.







*Be a protecting God for me. I will not be saved unless it is in You. Unless you were my rest, my sickness would not be healed. Lift me up from the ground. Let me lie on You so that I may arise in a fortified place.*  
 Commentary on Psalm 70 (1), 5  
 - St. Augustine of Hippo

## NEXT WEEKEND (8 JUNE 2025): PENTECOST SUNDAY, YEAR C

### 1<sup>ST</sup> READING

Acts of the Apostles 2:1-11  
*The Spirit comes to the Apostles as tongues of fire.*

### RESPONSORIAL PSALM

Ps 103:1. 24. 29-31. 34. R. v.30  
*Lord, send out your Spirit and renew the face of the earth.*

### 2<sup>ND</sup> READING

1 Corinthians 12:3-7, 12-13  
*The Spirit of God dwells in us.*

### GOSPEL ACCLAMATION

*Alleluia, alleluia!*  
*Come, Holy Spirit; fill the hearts of your faithful and kindle in them the fire of your love. Alleluia!*

### GOSPEL

John 20:19-23  
*Jesus promises the disciples the Paraclete.*

**7 JUNE, 5.30PM**  
**ST KIERAN'S**

**Senior Server**  
 Louise

**Readers**  
 Bob  
 Elizabeth-Anne

**Music**  
 Parish Choir

**Communion Min**  
 Volunteer needed

**Powerpoint**  
 Volunteer needed

**Welcomers**  
 Volunteers needed

**8 JUNE, 7.30AM**  
**ST KIERAN'S**

**Senior Server**  
 Michael

**Readers**  
 Judith  
 Jenny

**Music**  
 None

**Communion Min**  
 Volunteer needed

**Powerpoint**  
 Volunteer needed

**Welcomers**  
 Volunteers needed

**8 JUNE, 9AM**  
**ST CECILIA'S**

**Senior Server**  
 Ilde

**Readers**  
 Ana  
 Stephanie  
 Maria

**Music**  
 TBD

**Communion Min**  
 Volunteer needed

**Powerpoint**  
 Volunteer needed

**Welcomers**  
 Volunteers needed

**8 JUNE, 9.30AM**  
**ST KIERAN'S**

**Senior Server**  
 Catherine

**Readers**  
 Terry  
 Brian

**Music**  
 Ben M

**Communion Min**  
 Volunteer needed

**Powerpoint**  
 Volunteer needed

**Welcomers**  
 Volunteers needed

**8 JUNE, 5PM**  
**ST KIERAN'S**

**Senior Server**  
 Claire-Louise

**Readers**  
 Geraldine  
 Kevin

**Music**  
 Amelia & Youth

**Communion Min**  
 Volunteer needed

**Powerpoint**  
 Volunteer needed

**Welcomers**  
 Volunteers needed

## OBSERVANCES FOR THE WEEK OF 1 JUNE

**Mon 2 June:** Monday of the 7th Week of Easter  
**Tue 3 June:** Charles Lwanga and companions, martyrs  
**Wed 4 June:** Wednesday of the 7th Week of Easter  
**Thu 5 June:** St Boniface, bishop and martyr  
**Fri 6 June:** Friday of the 7th Week of Easter  
**Sat 7 June:** Saturday of the 7th Week of Easter

## The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

### Parish Office

2 King Street, MANLY VALE 2093 NSW AUSTRALIA  
 P 02 9949 4455 E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) W [www.bbcatholic.org.au/northharbour](http://www.bbcatholic.org.au/northharbour)

### Office Hours

9.00am to 4pm (Tuesday to Friday)

### Churches

**Church of St Cecilia** Wanganella St and White St, Balgowlah 2093 NSW  
**Church of St Kieran** 2 King St, Manly Vale 2093 NSW

### Parish Staff

**Parish Priest:** Fr Michael Belonio, OSA E [pp@nhcatholic.org.au](mailto:pp@nhcatholic.org.au)  
**Asst Priest:** Fr Jumbim Torres, OSA E [jtorres@nhcatholic.org.au](mailto:jtorres@nhcatholic.org.au)  
**Asst Priest:** Fr John Zhang E [jzhang@nhcatholic.org.au](mailto:jzhang@nhcatholic.org.au)  
**Parish Bookkeeper:** Valerie Buono E [accounts@nhcatholic.org.au](mailto:accounts@nhcatholic.org.au) (Thu)  
**Parish Secretary:** Jane Filacuridi E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) (Tue, Wed)  
**Parish Secretary:** Anne Ross E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) (Thu, Fri)  
**Catechists, Family & Sacramental Ministries:** Ursula Halloway M 0450 101 767 E [families@nhcatholic.org.au](mailto:families@nhcatholic.org.au)  
**Media & Communications:** Sophie Taylor E [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)  
**Music Ministry:** Marianne Kaw-Deveza E [music@nhcatholic.org.au](mailto:music@nhcatholic.org.au)

### Resident Priests

Fr Minh-Tan Hoang, OSA E [minhtanhoang@yahoo.com.au](mailto:minhtanhoang@yahoo.com.au) (Chaplain, St. Augustine's College, Brookvale)  
 Fr Peter Jones, OSA E [peter.jones@osa.org.au](mailto:peter.jones@osa.org.au) (Prior Provincial)  
 Fr Paul Maloney, OSA E [paulmal@bigpond.com](mailto:paulmal@bigpond.com) (Retired)  
 Fr John McCall, OSA E [jmcosa@bigpond.net.au](mailto:jmcosa@bigpond.net.au) (Retired)  
 Fr Abel van der Veer, OSA E [vabelvanderveer@gmail.com](mailto:vabelvanderveer@gmail.com) (Retired)  
 Fr Senan Ward, OSA E [senanward@bigpond.com](mailto:senanward@bigpond.com) (Chaplain, St. Augustine's College, Brookvale)



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## CREATIVE STARZ HOLIDAY PROGRAM



Ages 6-13  
7-11 Jul (5 Days), 9am - 3pm  
St Kieran's Church, Manly Vale  
(Free Extended Hours 8am-5.30pm)  
[creativestarz.com.au](http://creativestarz.com.au)



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St Cecilia's Catholic  
Primary School



Principal: Ms Louise O'Brien



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St Kieran's Catholic  
Primary School



Principal: Ms Anna Marsella



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CATHOLIC SCHOOLS BROKEN BAY  
Co-educational pathway  
For St Paul's Catholic College, Manly

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for your continued support.  
Thank you!



North Harbour  
PARISH

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You can now donate for North Harbour Parish Clergy and Parish Funds AND to support Pastoral Works Broken Bay (PWBB) Appeals, using the Parish Giving Broken Bay App. Thank you for your generosity.

To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: [brokenbay.goodgiving.com.au/home/brokenbay](http://brokenbay.goodgiving.com.au/home/brokenbay)